

Woodland Walk

A seven-mile walk exploring the northern reaches of Angmering, taking in plantations, woodland, fields and ponds.

For directions from Angmering Village Green to The Dover Car Park follow **b** to **b** from the Where to Start information.

From the corner of The Dover Car Park continue straight ahead along the road which soon changes into a stony track. Follow the track around to the right passing The Dover Cottage and continue straight ahead.

> Continue straight ahead at the next path junction and again at Angmering Park Cottages. Follow the track through the beech plantation bordered in places by Douglas Firs. The grassy verge on either side of the track contains many plants, including Wild Basil, Nettle-leaved Bell Flower and Fleabane.

At the junction of paths turn right and continue ahead uphill, passing a Pine plantation on your left. At the next junction

continue ahead, passing Keepers Cottage on your right. Continue straight ahead staying on the bridleway.

At the second junction turn right where the bridleways fork. Shortly after, turn right again and then follow the track as it bears around to the left. Continue straight ahead at the next four path junctions, until you emerge at Selden Farm.

Take the footpath to the right, pass through a copse and follow the path which crosses a field. Walk through the woodland and emerge into Swillage Lane. Turn left and continue ahead, under the A27, into Dapper's Lane and your way home.

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As you walk along you will notice the contrast between the dense beech plantations and the lighter coppice woodland. Coppicing - cutting back the tree stems every few years - lets through more light, allowing a wider range of woodland plants to grow. It also provides wood for coppice products.

Throughout the woodland there are ruins of cottages and wells, indicating that the area was more populated in the past than it is today. Many of these people would have worked in the woodland. This is reflected in the name of the local pub, The Woodman Arms, where at least one previous landlord was a retired forester.

Local names provide evidence of how in days gone by the area was probably more marshy in nature than it is now. Swillage means 'wet, slushy place', which is would have been when the water table was higher.



A five and a half mile walk through the paddocks and fields of the Angmering Park Estate.

For directions from Angmering Village Green to The Dover Car Park follow from the Where to Start information.

From the corner of The Dover car park continue straight ahead along the road which soon changes into a stony track. Highland Cattle can sometimes be seen grazing in the paddocks on either side of the track. Follow the track around to the right passing The Dover Cottage and continue straight ahead.

Take the footpath to the right when you reach Angmering Park cottages and walk through the paddocks and



across the estate access road. Continue straight ahead at the four way path junction, along the edge of a field.

At the next junction follow the bridleway to the right.

Where it bears around to the right take the path to the left, with an open field on your left and woodland on your right. Continue straight ahead into Swillage Lane and retrace your steps back to Angmering Village.

To return to The Dover Car Park turn right at Swillage Pond and follow and Solution.



There has been a park here since at least 1279. In the Middle Ages a Park would have essentially been a game reserve - an area in which deer were kept to provide sport and meat.



Now the Angmering Park Estate manages the land for forestry, shooting, agriculture and wildlife. In addition the park is home to a Stud Farm and an internationally known racing yard.

One of the more unusual animals that can be found grazing in the paddocks are Highland Cattle. Special enclosures, that extend into the woodland, have been built in order to protect these creatures from the hot summer sunshine.

